

READINGS LENT 2 - 4th March 2021

Psalm 34:1-14

I will bless the Lord at all times;
his praise shall continually be in my mouth.

**My soul makes its boast in the Lord;
let the humble hear and be glad.**

O magnify the Lord with me,
and let us exalt his name together.

**I sought the Lord, and he answered me,
and delivered me from all my fears.**

Look to him, and be radiant;
so your faces shall never be ashamed.

**This poor soul cried, and was heard by the Lord,
and was saved from every trouble.**

The angel of the Lord encamps
around those who fear him, and delivers them.

**O taste and see that the Lord is good;
happy are those who take refuge in him.**

O fear the Lord, you his holy ones,
for those who fear him have no want.

**The young lions suffer want and hunger,
but those who seek the Lord lack no good thing.**

Come, O children, listen to me;
I will teach you the fear of the Lord.

**Which of you desires life,
and covets many days to enjoy good?**

Keep your tongue from evil,
and your lips from speaking deceit.

**Depart from evil, and do good;
seek peace, and pursue it.**

John 6:35-40

³⁵ Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty. ³⁶ But I said to you that you have seen me and yet do not believe. ³⁷ Everything that the Father gives me will come to me, and anyone who comes to me I will never drive away; ³⁸ for I have come down from heaven, not to do my own will, but the will of him who sent me. ³⁹ And this is the will of him who sent me, that I should lose nothing of all that he has given me but raise it up on the last day. ⁴⁰ This is indeed the will of my Father, that all who see the Son and believe in him may have eternal life; and I will raise them up on the last day."